

# THE BIG BEAT

*a summer solstice celebration with gary diggins and friends*

Saturday, June 19<sup>th</sup>, 2010

Hosted at VIVACE Studio - 291 A Jane Street.  
(Four blocks north of Bloor St. West).

Doors open at 7:30 p.m. for an 8 p.m. start

\$20 at the door

Join Gary Diggins, TRIUND, plus musical friends for an evening of Solstice celebration and community building. The BIG BEAT is joyful, playful, and always soulful. Bring a drum and your dancing feet.

Contact: [garyd@garydiggins.com](mailto:garyd@garydiggins.com)

Gary Diggins is a musician who brings social change through the arts. In Toronto, he maintains a counselling practice, teaches soundwork, and facilitates community-building events. In Africa, Gary encourages peacemaking efforts through his work with Between Four Eyes. He also facilitates leadership development courses for Inspired Future. Gary is working on a new book: Re-Imagining the Ear. [www.garydiggins.com](http://www.garydiggins.com)

