

The Nature of Sound & The Sound of Nature

a residential retreat with gary diggins

Friday, August 6 to 8

The Harmony Dawn Retreat Centre

\$360 – includes workshop, accommodations, meals

The Harmony Dawn Retreat offers a beautiful 'off-the-grid' facility, 90 minutes from Toronto. Here, in this natural setting, we will broker a deep connection between organic soundmaking, wild imagination and the web of life. Due to limited space, you must book early.

Contact: garyd@garydiggins.com

Check out: www.harmonydawnontarioretreat.com

Gary Diggins is a musician who brings social change through the arts. In Toronto, he maintains a counselling practice, offers soundwork courses, and facilitates community-building events. In Africa, Gary encourages peacemaking efforts through his work with Between Four Eyes. He also facilitates leadership development courses for IF International. Gary is writing a new book: *Re-Imagining the Ear*. www.garydiggins.com

