

Sonica Sanctus

experience music as medicine with gary diggins

Wednesday, June 9th, 2010

Hosted at 219 St. Clair West

7:30 p.m. the circle begins

\$20 suggested donation

Come gather with Gary Diggins and friends in a circle where singing and sounding become blessing. We listen deeply, sound soulfully, and allow the Sonica process to unfurl.

Contact: garyd@garydiggins.com

Gary Diggins is a musician who brings social change through the arts. In Toronto, he maintains a counselling practice, teaches soundwork, and facilitates community-building events. In Africa, Gary encourages peacemaking efforts through his work with Between Four Eyes. He also facilitates leadership development courses for IF International. Gary is working on a new book: *Re-Imagining the Ear*. www.garydiggins.com

